

PE Curriculum - Term 1

During the first week of the new term all children in both KS1 and KS2 will participate in team-building activities, as part of our Friendship Week. They will work together to overcome challenges and to encourage and support one another. Following on from this, children will participate in orienteering exercises around the school grounds.

In Reception the children will be taught to master basic movement, including running, jumping, throwing and catching to help develop their balance, agility and coordination. Tasks will be aimed at helping the children to use the space around them. The children will also learn to develop the correct vocabulary, to accurately describe the different ways of travelling.

KS1 children will focus on the use of ball skills and participating in simple games situations. The children will learn to use space safely, develop the idea of playing in a team and learn striking and fielding skills.

KS2 children will continue to apply and develop a broader range of skills within the theme of Invasions Games (Netball, Football, Tag Rugby and Hockey). The children will be taught basic principles of attacking and defending and the skills of running, throwing, striking and catching, within competitive games situations.

It will be fun!



PE is fun